



# Green Initiative

Earth Week: April 18–25, 2015

## How Green Are Thee?

We all know we should take better care of our Earth, but many of us still fall short with the hustle and bustle of life going on around us. Join us in **going green** with some of the ideas listed below.

1. **Reduce** the use of plastic and other disposable materials.
2. **Reuse** old CD cases by making desktop calendars and giving some to friends and family, or old shampoo and conditioner bottles by making your own products.
3. **Recycle** anything that can be recycled properly. You may even get cash back on some recyclables.
4. **Eat locally**-grown foods to reduce the amount of pollution from shipping.
5. **Conserve!** Join us in working with natural light throughout the week.
6. **Walk, pedal, or car pool** as much as possible this week.



Check out our website at [www.my-expect.com](http://www.my-expect.com) to read about steps we've taken to be as **green** as we can be.

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